

## Grief and Loss

### Suncoast Kids Place

We provide peer support groups for children/teens from 3-18 years of age and their families. Participants meet others who also have experienced the death of a significant person in their life. As grief is a lifelong process, we welcome families at any time they are ready to access our services. We offer these types of groups at the following locations:

Main Lutz Center: 17030 Lakeshore Rd, Lutz, FL 33558

Brandon Location: Bell Shoals Baptist Church, 2102 Bell Shoals Road, Brandon, FL 33511

There is no fee for families to attend groups.

<http://www.atriskkids.org/skp>

17030 Lakeshore Rd

Lutz, FL 33558

Office: 813.990.0216

Email: [info@suncoastkidsplace.org](mailto:info@suncoastkidsplace.org)

### Lifepath Hospice/Chapters Health System

Through our compassionate non-profit hospice organizations, we offer a variety of bereavement support and services that assure the long-term emotional, mental and physical well-being of survivors of all ages by helping them adjust to their loss and express their feelings.

*Individual & Family Support:* Bereavement specialists offer guidance, attention and support to hospice survivors within the family system as they work through the grieving and healing process.

*Adult Grief Support Groups:* Grief support groups offer support and education by helping survivors cope with their emotions, new roles in life and plans for the future. Groups are scheduled at various locations on an ongoing basis. Pre-registration is required, and groups are open to all community members who have experienced the death of a loved one.

*Children's Grief Services:* To meet the special needs of children coping with the death of a loved one, we provide age-specific services and caring support in a safe environment.

*Annual children's camps:* Each one of our affiliates holds an annual camp for children in the spring.

Grief support groups for children and their parents or caregivers

<https://www.chaptershealth.org/services-chapters-health-system/grief-services-bereavement-support/>

Phone: 1.866.204.8611

Email: [info@chaptershealth.org](mailto:info@chaptershealth.org)

## Life Center of the Suncoast

Counseling and coaching are available through Life Center with experienced counselors and certified coaches.

*Grief and trauma counseling for victims of crime:* The Life Center provides individual and family counseling for victims of traumatic loss or survivors of crime incident. We are able to provide these services free of charge for Victims of Crime (VOCA) through a State of Florida VOCA grant.

*Grief and trauma counseling:* Individuals (\$75) and Families (3+, \$100) are motivated to change their perceptions through therapeutic techniques that help to reduce the fear, panic, anger, anxiety and somatic symptoms often associated with post-traumatic stress, due to traumatic death, illness or etc.

*Underserved Program:* The LIFE Center's Underserved Program began in January of 2019 and was implemented to cover the cost of grief counseling for those who have difficulty affording our rates and have lost a loved one to suicide, vehicular accident, or illness.

*Monthly support groups and workshops:* Workshop and Group participation encourages members to develop strategies for changing beliefs and behaviors, to live more productively, and to improve social functioning. Through interaction with trained staff, they learn to support one another through the stages of grief and recovery. Their sharing may heal the pain and isolation of loss.

<https://thelifecenterofthesuncoast.com>

Phone: (813) 237-3114